



# FOOD FOR THOUGHT

**Serving the Westside  
since 1976**

For individuals living in zipcodes  
90024, 90025, 90049 and  
parts of 90064, 90066 and 90077

Fall 2008  
Volume 32, Number 1

## Food for Thought

is a newsletter produced by the staff  
and friends of

## Meals on Wheels of West Los Angeles

University Religious Conference Bldg.  
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Los Angeles, California 90024

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Meals on Wheels  
of West Los Angeles  
is primarily funded  
by donations.

We appreciate  
yours!

Thank You!

Join Us for

## "A Day at the Races"

to Benefit

**Meals on Wheels of West Los Angeles  
Sunday, December 7, 2008**

*Beginning at Noon we will enjoy the fabulous "all you can eat" buffet lunch in our very own section of the exclusive Turf Club at Hollywood Park. Not only will we have a spectacular view of the finish line, one race that day will be "ours", dedicated to Meals on Wheels of West Los Angeles.*

*By supporting this event, know that you are helping the disabled, aged and chronically or temporarily ill to remain self-sufficient in their own homes.*

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 Yes, I would like to attend.

Enclosed is my check to cover \_\_\_\_\_ tickets at \$ 90.00 each.

Sorry, I cannot attend. Enclosed is my donation of \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

**Make checks payable to: Meals on Wheels of West Los Angeles**

**Mail to: 900 Hilgard Avenue, Los Angeles, CA 90024**

For additional information call 310 208-4028

Weekdays: 9:30 a.m. - 1:00 p.m